



od 378,26 €

## Program putovanja:

Croatia incoming, Tours, A different kind of Tour - Going inwards and outwards or 4Elements4U

### VOICE OPENING INTRODUCTION TOUR

We made this programme for those who want to experience travels on a deeper level: Travelling in style, enjoying the natural and cultural beauty while aligning those outside sights with your inner landscapes. This tour is about being totally immersed in the experience.

Four elements of the world are part of us through the very existence of our bodies and much deeper, their qualities are part of our souls. The elements of soil, air, fire and water are entwined in our very essence. This was the secret knowledge of the travelling musicians of the past who were often accused of working with magic and witchcraft while they were simply free spirits and healers. They knew that every place has unique sounds and that by aligning our inner world with outer, by enjoying sightseeing while looking inside, we experience life unfolding in always new, majestically beautiful and expanded ways.

Maja, Vicky and Damjan will take you on ancient journey of travelling musicians and invite you to join their band by using your precious instrument – your voice. Along with exercises that enable you to open and expand your voice, you will be searching for secret sounds of the forests, listening to the songs of the mountain winds, jumping into the silence of magical places, sing melodies of your hearts that you didn't know existed at all, and more. You will be exploring the four elements of your voice in your soul. You will be surprised and enchanted by the experience.

During and after this tour, you will feel relaxed, refreshed and ready to return to your everyday duties with renewed energy as you have never felt before. After you open your voice, your impact on the world around you will be noticed. This tour will unlock the true frequencies of your soul.

Vicky Brescott is a singer and certified voice specialist based in Munich with a rich international experience in working with the widest profiles of clients. She has been running her private practice Stimmgut for voice and speech training and coaching and a concert series Comfort Zone in Munich. Vicky's style of work can be described as grounded and gentle.

Maja Zarkovic is a violinist and educator with international involvement based in London and has been trained in aspects of psychology of performance and psychology of music. She founded Island

of Sounds workshops for voice opening through body movement and meditation in Croatia. Maja's style of work is seriously playful and fiery.

Damjan Beusan is a licensed and experienced tourist guide and CEO of Kufer Travel Tour Operator based in Zagreb, Croatia. Certified holistic counselor, „Who is in“ leader and also a graduate of Somatic Experiencing Trauma Worker. On this trip he will be leading the meditations and offering sessions. Damjan's style of work is intense and silent.

Vicky, Maja and Damjan share common interest in voice being our natural tool for healing and personal development work.

We are looking forward to sharing this wonderful tour with you!

Start October 28th, 2020

Ends November 1st, 2020

Nights. 4 Nights / 5 Days

Price Per Person TBC

Key: Breakfast (B), Lunch (L), Dinner (D), Tasting (T)

Note: Hotels are suggestions until confirmed. Subject to availability.

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### **Day 1 - October 28th 2020 - Zagreb Arrival**

Private transfer from airport to hotel.  
Fun Tour of Zagreb getting to know the place and the group.  
Meditation  
Welcome dinner  
Overnight Zagreb, Hotel central 4\*

### **DAY 2 - Zagreb - Bled - Istria / Day of the Element Soil-Woods**

Meditation in the hotel  
Breakfast at the hotel  
9am Private Driver - Guide, transfer to Gorski Kotar/No Risnjak  
10-2pm Tour in the woods and Voice Opening Workshop no.1 and meditation, voice and the air  
2pm Lunch in the area followed by some free time for coffee  
330pm Continue towards Istria  
5pm Check in Villa Angela e Giovanni or similar 3\* villa and time to rest  
7pm Evening session (free style)  
Dinner and Overnight

### **DAY 3 - Motovun- Istria / Day of the element Fire**

Meditation in the hotel  
Breakfast at the hotel  
Private Driver - Guide - transfer to Motovun forest  
Truffle hunting followed by lunch and truffle tasting, voice in the woods.  
Return to the accommodation  
Afternoon Voice Opening workshop no.2

Fireplace, self-cooked dinner and stories in the land of fairies

Motovun - a charming hilltop village famous for its Venetian architecture, fortified walls and amazing views. Motovun is the Croatian "Tuscany" and this region is famous for its wines, Istrian prosciutto and truffles. Motovun is situated in the middle of the heart shaped peninsula of Istria, on the northern end of the coastal region of Croatia. This medieval village of Motovun has a history dating back over 2,300 years.

#### **DAY 4 - Rovinj / Day of the element of Water**

Meditation in the hotel

Breakfast

Private Driver - Guide

We head for Rovinj, city known for its beauty where we enjoy our lunch and some free time.

Experience the sound of the voice with the stone.

Return to our villa -

Farewell program show, Performances and dinner and overnight

Rovinj - An absolutely gorgeous seaside town on the western heart shape istrian peninsula. The city is rich in history, full of stalls and markets and a bustling town with locals, artists and tourists. The buildings around Rovinj seem to be growing out of the sea and the traditional stone lane ways, steps and buildings will make you fall in love with this town

#### **DAY 5 - Rovinj - Plitvice Lakes National Park - Zagreb / Day of the element of the Air**

Meditation

Breakfast at the hotel

9am Private Driver - Guide -transfer to the hotel

12am Plitvice Lakes National Park visit with entrance tickets

Voice workshop by the lake and picnic lunch

4pm Return to Zagreb

6pm Arrival to Zagreb and end of services

Possibility of extra night.

A UNESCO world heritage site, Plitvice Lakes is an amazing 29.6 hectares of forests with magnificent views. The massive National Park is interlaced with tracks and paths that lead you down to the breathtaking waterfalls and turquoise lakes. In all, there are 16 lakes which are joined by waterfalls and cascade from one level to another.

Strolling along the wooden footbridges offers an experience of unspoilt nature and true harmony. Many describe its crystal clear waters as 'the bluest in the world'. Plitvice Lakes is the oldest national park in Southeast Europe and the largest national park in Croatia.



PAX	PRICE PER PERSON IN DBL ROOM
Minivan 4pax	900 EUR, 1.100 USD
Minivan 5pax	800 EUR, 975 USD
Minivan 6pax	750 EUR, 915 USD
Minivan 7pax	625 EUR, 765 USD
Minibus 8pax	700 EUR, 855 USD
Minibus 10pax	600 EUR, 735 USD
Minibus 12pax	540 EUR, 660 USD
Minibus 14pax	510 EUR, 625 USD
Minibus 16pax	470 EUR, 575 USD
Bus 18pax	500 EUR, 610 USD
Bus 20pax	450 EUR, 550 USD
Bus 25pax	410 EUR, 500 USD
Bus 30pax	380 EUR, 465 USD

## Mogućnosti plaćanja



### CIJENA ARANŽMANA UKLJUČUJE:

#### INCLUSIONS

accommodation as per program

Zagreb 1overnight Hotel Academia 4\* or similar

Vižinada-Istria Villa Angela e Giovanni

<https://villa-angelaegiovanni.com/>

Transfers by comfortable Mercedes minivan 9seater or similar/Sprinter 19pax or Travego 49seater as per program (all expenses included)

Meditations and workshops as per program

Breakfasts x 4, lunches x 4, dinners x 4 daily

English speaking driver/guide 5 days

Local guides: Zagreb, Rovinj, Plitvice

Entrances and activities as per program



### CIJENA ARANŽMANA NE UKLJUČUJE:

#### EXCLUSIONS

Meals, drinks except listed

Travel insurance

Gratuities



### ODGOVORNI ORGANIZATOR:

## Često postavljena pitanja

### Mogućnosti plaćanja

JEDNOKRATNO - Gotovina - Kreditne kartice: Maestro, Master card, Visa, Diners, Visa Premium card - Virmansko plaćanje na račun agencije u Erste banci, IBAN: HR4924020061100096516 ili PLAĆANJE NA RATE - Za sva obročna plaćanja od 2-12 rata agencija obračunava manipulativne troškove u iznosu od 5%. Maestro kartica ( Zagrebačka banka, Privredna banka Zagreb, ERSTE ) do 12 rata - Visa Premium karticu na 12 obroka - Diners card do 12 rata beskamatno (ovisno o iznosu) - Mastercard ( Zagrebačka banka ) do 12 rata (ovisno o iznosu) - Mogućnost obročnog plaćanja obuhvaća i korisnike debitnih kartica sljedećih banaka MBNET grupacije: KentBank, Slatinske banke, Primorske banke, Istarske kreditne Banke, Jadranske banke, Kreditne banke Zagreb. (plaćanje u poslovnici)

### Slike







